## Appendix 3 : Applications considered under the Independent Living Theme

Care Network help people to stay healthy, independent and maintain contact with their community. They support volunteers with information, practical help and relevant training. Their South Cambs Community Development helps start up and support local community groups that offer practical help and social contact for older and vulnerable people. Currently support is provided to 18 groups, including lunch clubs, singing groups, good neighbour schemes and social groups (in addition to the 28 Community Car Schemes. Care Network works with statutory and other agencies to raise issues affecting older people and older people's support or social groups.

Care Network's proposal is to support 22 social groups per year and offer one to one support to at least one group to sustain or expand. They plan to set up at least four new groups per year and encourage at least one inter-generational event. It is recommended that funding is allocated at the level requested. **Application scored 87/100.** 

Funding requested YR1	YR2	YR 3	Total
£6,500	£6,500	£6,500	£19,500

**Arts and Minds** offer a GP referral scheme to address depression and anxiety, which provides a series of 12 workshops led by professional artists, plus 4 visits to heritage sites and culminating in a public art exhibition. The proposal is to run a single course per year in South Cambs, plus one in Cambridge, benefitting 21 individuals per year.

The nature of the scheme results in a high cost per participant, but studies into the effectiveness of the scheme indicate a good outcome for participants. The relative costs per individual are high and 50% costs are sought from SCDC – it is recommended that the amount awarded is 25% of costs, allocating £2,500 per annum to this project.

## **Application scored 59/100**

Funding requested YR1	YR2	YR3	Total
£5.000	£5.000	£5.000	£15.000

**COPE** exist to promote and activate the interests and wellbeing of older people and aim to help the disadvantaged older members of the community. They provide representation, information to their members through their newsletter and signposting and social activities. They have around 257 members in South Cambridgeshire.

The proposal seeks funding to support the representation function, information service (the production and distribution of their newsletters) and social activities. The extent to which South Cambridgeshire residents benefit from the latter service has not been demonstrated. The recommendation is to allocate £4000 per annum to this project.

## Application scored 54/100

Funding requested YR1	YR2	YR3	Total
£5,000	£5,000	£5,000	£15,000

**DISH** provide assistance to people with disabilities, their carers and to families with disabled children to enable independent living in Huntingdonshire and in South Cambridgeshire, where they plan to expand their work should their proposal receive funding. They provide

advice, information and advocacy services, with an emphasis on home visits. The nature of the service means it is high cost per individual.

The service is currently focused on Huntingdonshire and there is some concern on the part of the appraisal panel that there may be insufficient capacity to expand the service as proposed, therefore the recommendation is to allocate £3,000 per annum.

**Application scored 78/100**